



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course \_\_\_\_\_ Distance \_\_\_\_\_

Location (state) \_\_\_\_\_ (city) \_\_\_\_\_

Type of course: road race calibration track Configuration: \_\_\_\_\_

Type of surface: paved \_\_\_\_\_ % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %

Elevation above sea level) Start \_\_\_\_\_ Finish \_\_\_\_\_ Highest \_\_\_\_\_ Lowest \_\_\_\_\_

Straight line distance between start & finish \_\_\_\_\_ Drop \_\_\_\_\_ m/km Separation \_\_\_\_\_ %

Measured by (name, address, phone & e-mail) \_\_\_\_\_

Race contact (name, address, phone & e-mail) \_\_\_\_\_

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: \_\_\_\_\_ Date(s) when course measured: \_\_\_\_\_

Race date: \_\_\_\_\_ Course certification effective date: \_\_\_\_\_

Certification code: \_\_\_\_\_

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

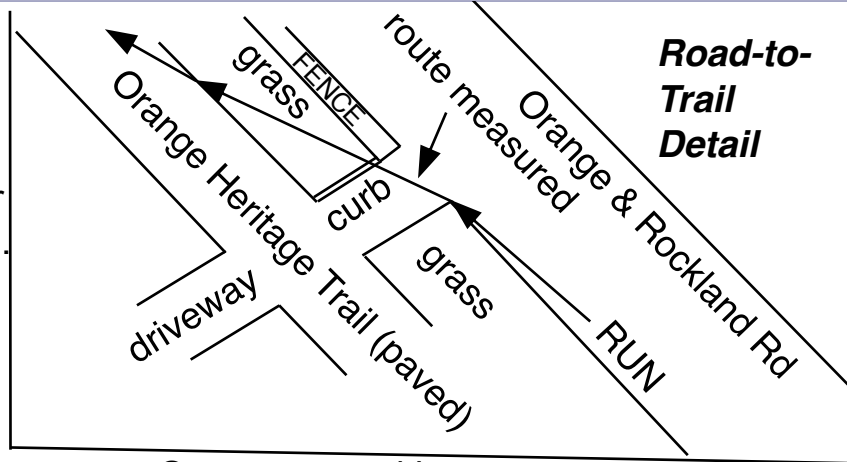
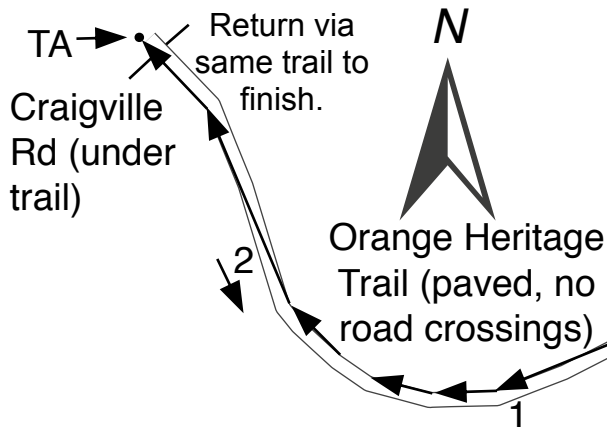
***This certification expires on December 31 in the year***

**AS NATIONALLY CERTIFIED BY:**

\_\_\_\_\_  
Date: \_\_\_\_\_

# I.B.E.W. Local 503 Benefit 5K Monroe, NY

Turn around is in line with yellow rebar, ribbon, and paint as well as 35.9' past far edge of wooden bridge over Craigville Rd.



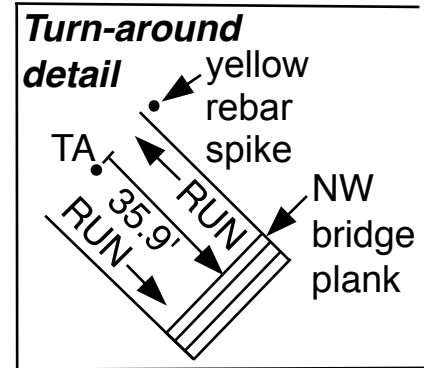
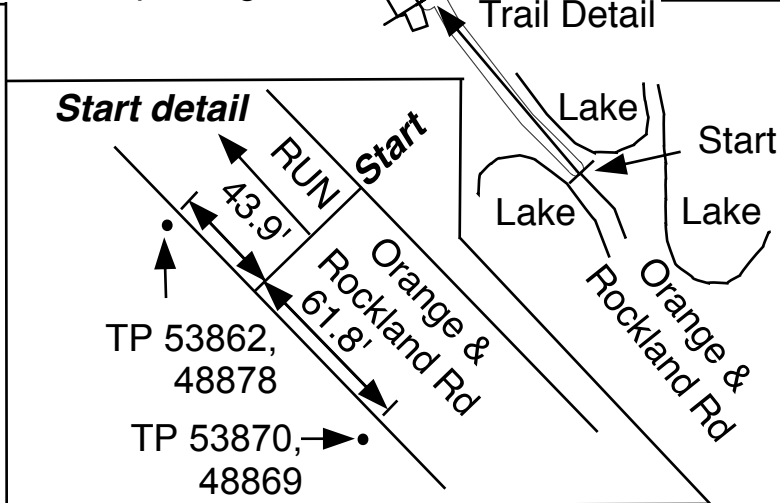
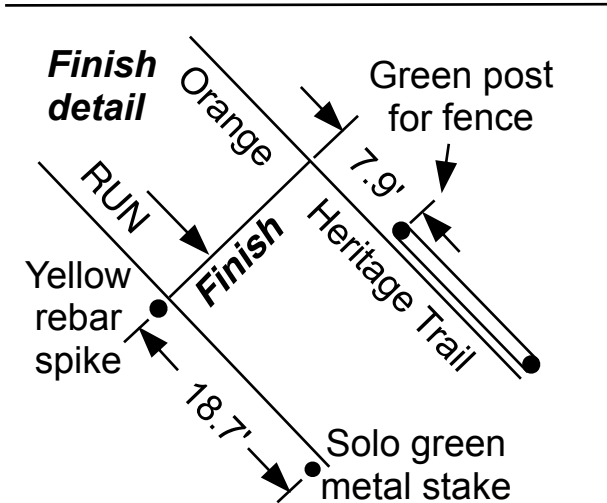
**Road-to-Trail Detail**



**USATF Certificate**

NY13039JG

Effective: 04/19/2013 through 12/31/2023



Yellow-painted rebar spikes driven into ground at 1 & 2 mile marks. 2 mile is in general vicinity of tree in front of cinder block culvert on L before going under Rt 17 bridge. 3 mile is next to commuter parking lot, has yellow ribbon & paint on wooden fence rail. All mile marks are painted on paved Orange Heritage Trail. Map by Brian Cavanagh, USATF Certified Coach, [www.sullivanstriders.org/brians\\_sites.html](http://www.sullivanstriders.org/brians_sites.html) abcav@me.com